

PRESS RELEASE

How often do you see over 200 martial artists from all over the U.S. lined up outdoors in a parking lot waiting in uniform to greet **Black Belt Magazine's Man of the Year** and **a dozen other world known martial artists** from all over the United States?



Guardians of The Art
One Day Only
Saturday March 18th, 2006
Springfield, New Jersey

Seminar Details, Driving Directions, Parking and Hotel Info at <http://soobahkdo.com>

Time	Main Dojang	Room 1 (Mats)	Room 2	Room 3	Room 4 (Judo)	Room 5 (Judo)
10:30 to 11:30 AM	Larry Seiberlich Energy Concepts and Applications Age 18 up	Russ Hinkle & Art Pryor Ia they Hange	Vic Mariani & Fred Messersmith Creative Ho Su Sul	Jeff Monzillo & Wilton Bennett Jr. Tango	H.Y. Kwon & Frank Bonagross Taijijong	Ted Mason & Mary Ann Walsh Song Techniques
11:45 to 1:15 PM	Larry Seiberlich Energy Concepts and Applications Age 18 up	Russ Hinkle & Art Pryor Introduction to Ju Jyo	Vic Mariani & Fred Messersmith Dynamic Sparring Movement	Jeff Monzillo & Wilton Bennett Jr. Creative I. Soo Gwa	H.Y. Kwon & Frank Bonagross Hangepp	Ted Mason & Mary Ann Walsh Pyeong Ahn Hange
1:30 to 2:30 PM	Break	Break	Break	Break	Break	Break
2:45 to 4:15 PM	H.C. Hwang Kwan Jung Hwa Do Dan Ju, Shukun Oenren & Certified Hye Sa Se Bom	Russ Hinkle & Art Pryor Introduction to Ju Jyo	Vic Mariani & Fred Messersmith Dynamic Sparring Movement	Jeff Monzillo & Wilton Bennett Jr. Creative I. Soo Gwa	H.Y. Kwon & Frank Bonagross Hangepp	Ted Mason & Mary Ann Walsh Pyeong Ahn Hange
4:30 to 5:30 PM	H.C. Hwang Larry Seiberlich Luna History	Russ Hinkle & Art Pryor Luna History	Vic Mariani & Fred Messersmith Luna History	Jeff Monzillo & Wilton Bennett Jr. Luna History	H.Y. Kwon & Frank Bonagross Luna History	Ted Mason & Mary Ann Walsh Luna History

****One Day Only****
 Call Headquarters (888) SOO BAHK to Register
 Limited Spaces Available

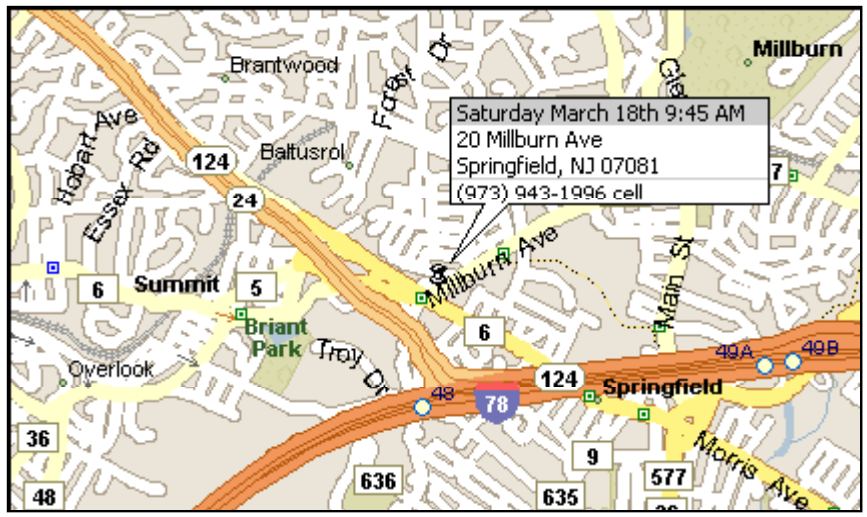
Coming Soon!
 Post 60th Anniversary of Moo Duk Kwan Celebration
 July 28-30 Long Beach, California
 If you missed Korea in September 2005,
 Now you have another chance!

2006 National Championships
 August 18-22, 2006 San Diego, California
 Town And Country Resort Reservations (609) 291-7131

Black Belt Magazine Cdn or Reprints And National Event Info Available on the web <http://soobahkdo.com>

Only Once

Saturday March 18th 9:45 AM sharp
 20 Millburn Avenue Springfield, New Jersey 07081 (903) 263-9807 direct info



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